



*Beautiful*  
B E G I N N I N G S

 BAPTIST MATERNITY SERVICES

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[www.baptistonline.org/maternity](http://www.baptistonline.org/maternity) | 800-4-BAPTIST

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# Beautiful BEGINNINGS

Dear Expectant Mother,

We are pleased that you have selected Baptist Women's Hospital for the birth of your child. We offer several ways for you to pre-register with us for your visit.

- You can pre-register online at the following website:  
<http://www.baptistonline.org/facilities/preregister.asp>
- You can choose to fill out the form that is provided by our facility and mail it back to us at no cost.
- You can come by our facility and pre-register in person at your convenience Monday through Friday from 5 a.m. – 4:30 p.m.
- You can also call to pre-register at 901-227-9120 at your convenience Monday through Friday from 5 a.m. – 4:30 p.m.

Once we have your information, we will send you a letter stating that we have received your information.

A few reminders:

- Please read and review the sheet from our admissions department.
- Sign up for any childbirth classes by your 5th or 6th month so you will have a better choice of dates and be able to complete the classes a few weeks prior to your due date.
- Remember to choose a pediatrician for your baby-call their office, make sure they are accepting new patients and that they accept your insurance plan.

We will call your insurance company to verify your insurance eligibility and benefits in regards to your upcoming visit. If you are unsure what your insurance requires, please contact them to get this information. If there are any upfront financial obligations, our financial counselor will contact you with that information to work out some sort of arrangement with you prior to your visit. The hospital requires that all patients pay any deductible, co-pay, or co-insurance amount that their insurance company requires prior to being discharged from the facility.

If you would like to pre-pay a deductible, co-pay, or co-insurance amount, please contact us by phone or come by the admissions department prior to your delivery. If you have any financial questions, please call our financial counselor at 901-227-9124.

Thank you for choosing Baptist Women's Hospital.

Admissions Department  
6225 Humphreys Boulevard  
Memphis, TN 38120  
901-227-9120  
[womens.baptistonline.org](http://womens.baptistonline.org)



## WELCOME FROM OUR TEAM

Thank you for choosing Baptist Memorial Hospital for Women for the birth of your baby. We look forward to meeting with you and supporting you through what we know will be a beautiful beginning of your son or daughter's life.

Baptist has been delivering babies for almost a hundred years so we've developed a unique program to make your experience as easy and convenient as possible. We encourage you to take full advantage of our "Beautiful Beginnings" program. All you have to do is meet with us sometime between the 15th and 20th week of your pregnancy. During this time we will discuss programs, resources and services we offer as well as take you on a tour of the maternity unit and walk you through every stage of the birthing process. We'll be happy to assist you with your pre-admission paperwork if you need it. To schedule a tour of our facility or to find out more from our maternity coordinators, please call our registration line at 901-226-5764.

We don't just stop in person either. We've tried to think of everything so we hope you will visit us online at [www.baptistonline.org/maternity](http://www.baptistonline.org/maternity). Here you can listen to podcasts specifically designed for expectant mothers or you can watch videos that give you tips about how to choose a pediatrician. We even have a monthly newsletter you can sign up for called My Baby Expectations in which you can track the progress of your baby's development. And we know you are not the only one anxious to meet your little one. So we offer educational programs on a variety of classes to assist every family member in preparing for your new arrival. You may register for classes by calling our registration line at 901-226-5764. If you'd like to know more about breast feeding, our Breastfeeding Resource Center is staffed by certified lactation consultants who are ready to answer your questions. Through education and planning, our programs will help get you and your baby off to a healthy start.

Thank you again for choosing Baptist Women's Hospital for this wonderful event. We look forward to making the birth of your baby a beautiful beginning to be cherished forever. If you need assistance or have any questions or concerns, please do not hesitate to call.

Pam Sere  
Maternity Care Coordinator

 **BAPTIST** | MEMORIAL HOSPITAL  
*for Women*

[www.baptistonline.org/maternity](http://www.baptistonline.org/maternity) | 901-227-9873



# VISITATION GUIDELINES FOR LABOR & DELIVERY

In order to provide our laboring moms with the best care possible and to protect the privacy of all patients, we respectfully request that you and your family observe the following guidelines:

**Triage Area**—This is the area where we first assess mom and notify her physician - then transfer and get her set up in a birthing room. Please only one support person in this area.

**Birthing Room**—A “total” of three visitors in the room at any one time - including primary support person - others need to “swap out.”

**Labor & Delivery Hallways**—In order to protect the privacy of our patients, family members and visitors will need to go to the waiting room if asked to leave the room - the hallways must remain clear.

**For Delivery**—With the permission of the physician, you may have up to two people present if you choose.

**After Delivery**—Baby and mom need private time to bond and breastfeed. Family members and visitors will be allowed back to visit after delivery if mom is feeling up to it once she has had “her time” with baby.

## Visitation Guidelines for the Mother/Baby Unit

To provide rest and promote bonding for the new baby, we ask that you observe the following guidelines:

**Visiting Hours**—Family members and friends are welcome to visit our mother/baby unit from 7 a.m. to 9 p.m. if mom is feeling up to having visitors. One person may stay overnight in mom’s room.

**Sibling Visits**—New brothers and sisters are welcome; however another adult besides mom needs to be present and responsible for their care during the visit. A “goody bag” packed with toys, videos, and snacks may be helpful for younger siblings who may become bored during visit time.

## Other times for you to remember:

**Wi-Fi Zones:** Our free wireless network is available in the hospital and the Women’s Health Center. Information is available from the nurses’ stations.

**Gift Shop Hours:** Monday- Thursday 9 am-6 pm; Friday 9 am-5 pm; Saturday 12 pm-3 pm

**Cafeteria Location:** Located on the first floor of hospital

**IMPORTANT:** All visitors should be free from any contagious illness, fever, etc. to protect the new baby. If there is any doubt about a possible illness, it is always better to wait and visit at another time. EVERYONE needs to wash his or her hands before and after handling the new baby. Thank you for your cooperation.



[www.baptistonline.org/maternity](http://www.baptistonline.org/maternity) | 901-227-9873





*Beautiful*  
BEGINNINGS

*Make the most of this moment.*

The first time you see her. The first time you hold him. Her first words. His first steps. These are the moments that make you want to be a mother. But first, make sure you're prepared for anything. Baptist offers classes, services and online resources to help make every new beginning beautiful.

Read a sample of our classes and online resources on the reverse and please visit [womens.baptistonline.org](http://womens.baptistonline.org) for additional resources.



# CHILDBIRTH AND FAMILY EDUCATION CLASSES/SUPPORT GROUPS

## Beautiful Bundles (new mom support group)

Facilitated by registered nurses with backgrounds in mother-baby care, this free support group provides accurate and reliable information on sleeping issues, breastfeeding, safety and caring for your newborn or infant. Moms also have the opportunity to bond with other new moms, share experiences and gain reassurance.

## Breastfeeding Class

This single-session, two-hour class teaches expectant moms the basics of how to breastfeed successfully, as well as discussing the advantages of breastfeeding. Information on going back to work and pumping is also included in this class.

## Expectant Parents Class

Learn all the baby basics in this three-hour class, including infant care, infant safety, infant CPR and surviving the first few weeks.

## Grandparents Class

An update on childbirth and parenting practices, this two-hour class gives grandparents tips for helping new parents and providing infant care.

## Lamaze Refresher Class

Designed for couples who have previously attended childbirth classes and are planning a natural delivery, this is a great opportunity to review the labor process and breathing and relaxation techniques.

## Sibling Class

Perfect for 3- to 10-year-olds, this class helps prepare children for the arrival of their new brother or sister. This two-hour interactive session benefits parents, too, providing suggestions to help them make the transition easier.

## One-day Childbirth Class (Saturday)

An alternative to the traditional prepared childbirth course, this class is an excellent option for those who can't attend weeknight sessions or have busy schedules. This one-day session covers the same information provided in the traditional classes, along with a tour of the labor and delivery unit.

## My Baby Expectations

Sign up for month-by-month information about the changes you'll experience during your pregnancy — emailed right to your inbox. My Baby Expectations is a free monthly e-newsletter from Baptist Memorial Health Care that will give you tips and guidelines on what to expect, all the way through your new baby's first year.

## Prepared Childbirth Class

This four-week series addresses the basics of childbirth — labor, pain management options and basic breathing and relaxation techniques — as well as offering a tour of the labor and delivery area. At the end of the series, attendees may elect to take an additional class that teaches advanced breathing techniques, massage therapy and comfort measures for those planning to have a natural delivery.

## SuperSitters Class

Enroll your preteen or teen in this all-day session, which provides information on being a responsible baby-sitter, basic first aid, appropriate play and discipline techniques, and safety instruction.



Follow us on

[www.facebook.com/BaptistWomens](http://www.facebook.com/BaptistWomens)

 **BAPTIST** | MEMORIAL HOSPITAL  
*for Women*

[womens.baptistonline.org](http://womens.baptistonline.org) | 901-226-5764



**BAPTIST MEMORIAL HOSPITAL FOR WOMEN**

TO EXPEDITE YOUR ADMISSION, PLEASE COMPLETE FORM AND RETURN PROMPTLY. PLEASE ENCLOSE A COPY OF THE FRONT AND BACK OF YOUR INSURANCE CARD.

**PATIENT INFORMATION**

PATIENT NAME -		FIRST	MIDDLE	COUNTY OF RESIDENCE	SPOUSE NAME (FIRST)	
AGE	DATE OF BIRTH	RACE	STATE OF BIRTH	PATIENT SOCIAL SECURITY NO.		MARITAL STATUS <input type="checkbox"/> SINGLE <input type="checkbox"/> WIDOWED <input type="checkbox"/> SEPARATED <input type="checkbox"/> MARRIED <input type="checkbox"/> DIVORCED
PATIENT ADDRESS - STREET NO.			CITY	STATE	ZIP	PATIENT PHONE (AREA CODE)
HAVE YOU BEEN A PATIENT HOSPITAL ANTERIORMENT? YES NO		MO	YR	EMER. ROOM YES NO	MO	YR
UNDER WHAT NAME		PATIENT'S OCCUPATION		PATIENT'S EMPLOYER		
EMPLOYER'S ADDRESS			CITY	STATE	ZIP	PHONE
EXPECTED DUE DATE	NAME OF OB / GYN	NAME OF PEDIATRICIAN	RELIGION	CHURCH YOU ATTEND	CITY	STATE
PERSON TO NOTIFY IN EMERGENCY (OTHER THAN SPOUSE)			ADDRESS	RELATIONSHIP	PHONE	

**SPOUSE OR OTHER RESPONSIBLE PARTY**

SPOUSE/RESPONSIBLE PARTY INFORMATION		FIRST	M.I.	LAST	RESPONSIBLE PARTY SOCIAL SECURITY NO.	
ADDRESS			CITY	STATE	ZIP	PHONE
OCCUPATION		NAME OF EMPLOYER				
ADDRESS			CITY	STATE	ZIP	PHONE

**INSURANCE INFORMATION**

<b>PRIMARY INSURANCE</b>					
1	NAME OF INSURANCE CO.	IF GROUP INS., NAME OF EMPLOYER	CLAIM MAILING ADDRESS/PHONE NO. (INS. CO./EMP. OTHER)		
	NAME OF POLICY HOLDER	POLICY NO.	POLICY HOLDER S.S. NO.	POLICYHOLDER BIRTH-DATE	RELATION TO PATIENT
<b>SECONDARY INSURANCE</b>					
2	NAME OF INSURANCE CO.	IF GROUP INS., NAME OF EMPLOYER	CLAIM MAILING ADDRESS/PHONE NO. (INS. CO./EMP. OTHER)		
	NAME OF POLICY HOLDER	POLICY NO.	POLICY HOLDER S.S. NO.	POLICYHOLDER BIRTH-DATE	RELATION TO PATIENT

Yes  No Will the baby be covered by the same insurance policy? There may be special steps for this process.

Most insurance carriers are now requiring pre-admission certification. If this requirement is not met, your insurance carrier could reduce or deny benefits. To prevent this loss of benefits, contact either your insurance carrier or insurance representative at your place of employment to determine any special needs regarding your condition. If pre-admission certification is required, this will need to be expedited prior to your admission.

**Mail To:**  
**ATTN: Admissions Office**  
**Baptist Memorial Hospital for Women**  
**6225 Humphreys Blvd.**  
**Memphis, TN 38120-9936**





A WORD OF WELCOME – Even before your arrival at Baptist Memorial Hospital for Women, our staff is making preparations to meet your specific needs. To speed your admission, we ask that you complete and return the attached pre-admission form.



FOLD

WHEN YOU ARRIVE at the hospital, come directly to the Main entrance located on the Humphreys Blvd. side of Baptist Memorial Hospital for Women. Report directly to Labor & Delivery by taking the elevator, located just off of the lobby, to the second floor.

INSURANCE – Although you will be personally responsible for your bill, the hospital will file a claim with your insurance carrier. Your health care insurance is a private contract between you and your insurance carrier, but we will file your claim and assist you in every way possible. To expedite the verification of your insurance, please enclose a copy of the front and back of your insurance card.

A deposit is required upon admission, if no health care insurance is available or if your insurance is not sufficient to cover expenses. You will be notified by admissions personnel should a deposit be necessary for your hospital stay. If you have questions, please dial (901) 227-9124 or (901) 227-9120.

The balance of your hospital charges above your deposit or confirmed insurance coverage is payable upon your discharge from the hospital.

FOLD VALUABLES - It is recommended that valuables not be brought to the hospital. In the event it is necessary for you to bring such items, we cannot assume responsibility for them unless they are deposited with the security department.

VISITING HOURS - Our Maternity Unit visiting hours are listed in detail in our Welcome to the Maternity Department brochure. You should receive a copy of this brochure upon arriving at your room after delivery.

INSTRUCTIONS FOR USE OF THIS FORM - Fill in pre-admission form (on back). Separate form and envelope as instructed, fold form and insert in envelope for mailing.

REMOVE THIS STUB  
THEN FOLD FORM ON LINES INDICATED AND INSERT IN ENVELOPE PROVIDED